



THE WELLS ACADEMY

Be Kind. Work Hard. Achieve Greatness

The Wells Academy
Principal: Mr M Shepherd
PA to the Principal: Miss N Jones
Ransom Road
Nottingham NG3 5LR

Telephone: 0115 748 3390
Email: adminr@thewellsacademy.org
Website: www.thewellsacademy.org



Follow us @TheWellsAcademy

www.facebook.com/TheWellsAcademy

12th July 2021

Dear Parent/Carers,

Information regarding Family Dining – September 2021 – Year 7

As you are aware, the Academy lunch time arrangements for the 2021/22 Academic year will be changing and we are really excited to introduce Family Dining in the brand-new Year 7/8 restaurant. The changes will impact the current Year 7's who will be Year 8 in September 2021.

A reminder of the changes are as follows:

Current Year 7 students, going into Year 8, will be eating in the new Year 7 and 8 restaurant situated in the BASE. Students will sit down to eat together for the whole 35-minute lunch time. Students will be given the choice of a 'hot meal of the day', sandwiches/paninis or wraps or packed lunch. If students decide to bring a packed lunch to school, this must consist of starchy foods such as; bread, rice, potatoes or pasta, protein foods like meat, fish, eggs or beans, a dairy item, like cheese or yoghurt, vegetables or salad and a portion of fruit. We do not allow students to bring fizzy drinks, energy drinks, large bags of crisps, sugary sweets or large bags of chocolate into school. Students will be taking part in family dining which will be part of our character education programme.

I am now writing to you to ask that you select which meal option your child would like for Term 1 (September – December 2021). Students will be able to opt for either the 'hot meal of the day' 'cold meal of the day' (which will be either a sandwich or a wrap) or students will be able to bring in their own packed lunch. Vegetarian options will be available every day. **Due to the changes we are making to lunch time and to encourage your child to opt for the 'hot meal of the day' we will be offering this at a discounted price of £1.60, rather than £2.10 for next academic year only. We will also be providing all current Year 7 students with a free hot meal until (and including) Friday 10th September.** If students wish to have the 'cold meal of the day' this will be at the normal cost of £2.10. All main meals will be served with a choice of dessert and water. Due to catering logistics, once you have completed your meal option for Term 1 (September-December), you will be unable to change this until Term 2 (January-April).

I have attached the example of the first three weeks menu for Family Dining to the end of this letter.

You will be receiving a link via text message with an important data collection form which you must complete by Monday 19th July. You will be required to opt for your child's lunch choices and provide us with any important dietary requirements. The online form will need to be completed via the link sent to you. If you do not receive the text message from us, please use the link below to complete the data collection form:

<https://forms.office.com/r/NWwDcbvMb8>

I would like to thank you all once again for your ongoing support.

Kind regards,

Mr Shepherd -
The Wells



RESILIENCE



GREATNESS



Proud to be Principal of
Academy

Family Dining Menu – Week 1

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Chicken Tikka Masala R00143 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	Shepherd's Pie R00035 Country Mixed Vegetables R00483 (V) Gravy R00569	Pasta R00531 (V) Bolognese Sauce R00135 Garlic Bread R00536	Meat Pizza Selection R00168 Coleslaw R00106 Mixed Salad R00328	Breaded Cod R00269 Potato Wedges R00114 Garden Peas R00092
(V) Quorn Tikka Masala R00546 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	(V) Vegetarian Sausage Roll R00292 Creamed Potatoes R00100 Country Mixed Vegetables R00483 (V) Gravy R00569	Pasta R00531 (V) Bolognese Sauce R00135 Garlic Bread R00536	(V) Vegetarian Pizza Selection R00139 Coleslaw R00106 Mixed Salad R00328	(V) Cheese & Vegetable Bake R00496 Potato Wedges R00114 Garden Peas R00092
A Basket of Bread and a Jug of Water will be available for each table.				
Dessert Choice				
(V) Lemon Drizzle Cake R00333	(V) Flapjack R00058	(V) Fruit Jelly Sundae R00635	(V) Chocolate Cornflake Cookies R00033	(V) Carrot Cake with Vanilla Frosting R00588
A Selection of Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				



Family Dining Menu – Week 2

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Ham & Mushroom Pasta R00456 Garlic Bread R00536 Sweetcorn R00096	Pork Sausage R00259 Creamed Potatoes R00100 Baked Beans R00091	Chicken Pie R00023 Roast Potatoes R00109 Broccoli R00083 Gravy R00569	Turkey Meatballs in Tomato & Basil Sauce R00457 With Vegetable Rice R00531	Cod Fish Fingers R00391 Jacket Wedges R00114 Garden Peas R00092
(V) Macaroni Cheese R00503 Garlic Bread R00536 Sweetcorn R00096	(V) Leek and Vegetable Sausage R00645 Creamed Potatoes R00100 Baked Beans R00091	(V) Roast Quorn Fillet R00437 Roast Potatoes R00109 Broccoli R00083 Gravy R00569	(V) Vegetarian Meatballs in Tomato & Basil Sauce R00831 With Vegetable Rice R00531	(V) Vegetable Fingers R00609 Jacket Wedges R00114 Garden Peas R00092
A Basket of Bread and a Jug of Water will be available for each table.				
Dessert Choice				
(V) Gingerbread Shape R00590	(V) Chocolate Cake with Chocolate Frosting R00630	(V) Lemon Cookie R00843	(V) Crunchy Pudding R00478	(V) Vanilla Muffin R00589
A Selection of Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. All menu items are subject to availability.				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				



Family Dining Menu – Week 3

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Sausage Roll R00389 Creamed Potatoes R00100 Garden Peas R00092 (V) Gravy R00569	Minced Beef in Homemade Chilli con Carne Sauce R00032 Steamed Rice R00104 Mixed Salad R00328	Roast Chicken Breast R00264 Roast Potatoes R00114 Carrots R00085 (V) Gravy R00569	Ham & Tomato Baguette Pizza R00628 Baked Beans R00106	Beef Burger R00290 in an Unseeded Bun R00541 Mixed Salad R00328 Coleslaw R00106
(V) Vegetarian Sausage Roll R00292 Creamed Potatoes R00100 Garden Peas R00092 (V) Gravy R00569	(V) Pasta with Arrabiatta Sauce R00134 Crusty Bread R00550 Mixed Salad R00328	(V) Roast Quorn Fillet R00437 Roast Potatoes R00114 Carrots R00085 (V) Gravy R00569	(V) Cheese & Tomato Baguette Pizza R00070 Baked Beans R00106	(V) Quorn Burger R00276 in an Unseeded Bun R00541 Mixed Salad R00328 Coleslaw R00106
A Basket of Bread and a Jug of Water will be available for each table.				
Dessert Choice				
(V) Blueberry Muffin R00589	(V) Cherry Cookies R00667	(V) Frozen Yoghurt R00118	(V) Ginger Cake with Orange Frosting R00629	(V) Chocolate Brownie R00633
A Selection of Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				



KINDNESS 

RESILIENCE 

GREATNESS 