

Curriculum Intent Statements

Faculty	Vocational				
Subject	Physical Education				
<p>Physical Education is a popular and valued subject at The Wells Academy. All year groups are given the opportunity to get active for two periods a week. Our curriculum aims to educate students about the importance of diet and exercise in developing a healthy body and mind, and the benefits that this can have on their physical, mental, and social well-being. We encourage them to lead a healthy and active lifestyle throughout their lives.</p> <p>We are passionate about giving students the opportunity to learn and develop their skills, fitness, and knowledge in a wide variety of sports and forms of physical activity. We are very well resourced with space and facilities to deliver a broad range of activities. We always aim to deliver Physical Education lessons in an enjoyable form, as we believe that our students are more likely to continue to be physically active once they have left school if they experience an enjoyable curriculum.</p> <p>The Physical Education curriculum is designed to challenge students mentally and physically to help them develop personal characteristics which will lead to them becoming happy and successful individuals. At KS3 students experience a range of invasion games, net games, athletic activities, health and fitness activities and striking and fielding games. At KS4 we build on this experience by teaching students about leadership, how to lead a healthy active lifestyle, different training methods they can use to improve performance or health and introduce alternative challenging sports to the curriculum. We have a high uptake of Sports Science at KS4 because of the popularity and engagement in Physical Education at KS3.</p> <p>We model and expect students to always show resilience by accepting and learning from their failures and successes, improve their communication and social skills through teamwork and leadership, and increase their self-motivation and confidence by providing challenging activities. The Wells Academy also has a history of involvement in character development projects with the Youth Sports Trust including the 'My Personal Best' and 'Girls Active' projects showing our commitment to ensuring that physical education benefits all students.</p> <p>We also deliver many extra-curricular activities and provide opportunities for students to compete in intra and inter school competition to enhance their passion for the subject and teach them how to develop the resilience and confidence they will require to be successful in the competitive wider world. The self-management and motivation skills, responsibility, resilience, empathy, and leadership capabilities students learn through Physical Education will help them in their future lives. It will also help students to access and be successful in future careers in the armed forces, sports studies, sports science, psychology, coaching, physiotherapy, and medicine.</p>					
Curriculum Time / Week	Year 7	Year 8	Year 9	Year 10	Year 11
	2	2	2	2	2
KS4 Qualifications	N/A				
Useful Learning Resources	www.youthsportstrust.org				
Staff teaching the subject	Role		Email		
Mr A. Phillips	Vocational Faculty Lead		aphillips@thewellsacademy.org		
Mr K. Slack	Teacher of PE and responsibility for extra-curricular activities		kslack@thewellsacademy.org		

Miss L. Boag	Pastoral Lead for Years 9 and 10	lboag@thewellsacademy.org
Miss M. Hurrell	Teacher of PE and responsibility for Health and Social Care	mhurrell@thewellsacademy.org